



# **COVID-19 Health and Safety Plan**

Last updated October 16, 2021

## **Our Responsibility is Your Responsibility**

With the best interest for all SWBL participants at heart, we take our responsibility seriously in being true leaders within our community to promote safe health practices in all our SWBL programs during these COVID-19 times.

We recognize that our ability to run programs on a weekly basis is a true privilege as it contributes to the overall holistic mental, physical, emotional and spiritual health of our players. As such, we remind all our SWBL players, officials, fans and families to be mindful of each other during these trying times as everyone will have various transition phases on their return to sport.

In supporting each other, we look for ways to continue Dr. Bonnie Henry's mantra to:

*Be Kind*

*Be Calm*

*Be Safe*

This safety plan allows all our participants a chance to fully participate in SWBL programs while adhering to recommended health protocols put forth by British Columbia's Provincial Health Officer, Vancouver Coastal Health, WorkSafe BC, and BC Centre for Disease and Control. These additional policies that we have put into place will help minimize the risk and spread of the virus.

This document is a living policy that is updated as needed to respond to evolving health recommendations.

## SWBL Policies

This applies to anyone that plans to attend SWBL events - players, officials, fans etc.

For programs that run during the COVID-19 Outbreak, participants can attend if they:

1. Fully vaccinated and can show proof of BC Vaccine Card Passport with a valid photo ID.
2. Are **NOT** experiencing common symptoms of COVID-19 outlined below:
  - Fever
  - Chills
  - Cough
  - Sore throat
  - Shortness of breath
  - Headaches, muscle soreness, fatigue
  - Loss of taste and smell
  - Nausea, diarrhea or vomiting
3. Are **NOT** awaiting results of COVID-19 tests or in contact with anyone awaiting test results.
4. Have **NOT** been contacted by the health authority and asked to isolate for symptoms.
5. Have **NOT** travelled outside of Canada within the last 14 days.

If anyone cannot adhere to the above policies, they will not be allowed to enter the premises.

All SWBL players are required to upload their BC Vaccine Card Passport and sign the player registration waiver on our website at [www.swbl.ca](http://www.swbl.ca) prior to playing their first game.

## **Protocols**

To keep everyone as safe as possible, we have implemented new program protocols for these key guidelines:

### **1. UPON ENTRY**

- Please use hand sanitizers provided upon entry.
- Proof of BC Vaccine Card passport with valid ID is required for everyone over 12 years.
- During sign-in, staff will ask routine COVID-19 screening questions above.
- Washrooms with soap and running water are available for everyone.
- Recommended hand washing time is for at least 20 seconds.

### **2. ALLOCATED SEATING**

- If you are not on a team roster and/or have filled out your waiver form, you will be asked to proceed to the bleacher.
- Fans must be seated in the bleachers at all time with masks on. No food allowed in bleachers at all times.
- If you need to bring your children under 12, they may sit at the end of your bench. Masks will be mandatory for those ages 5+.
- EVERYONE must wear a mask at all times unless you/your team is playing on the court.

### **3. HEALTH & SAFETY PRECAUTIONS**

- Please keep recommended social (physical) distance on the premises unless on the court or bench.
- Players are encouraged to bring their own water bottles - please do not share food or drinks.

### **4. STAY HOME WHEN SICK**

- Anyone who has travelled outside Canada in the last 14 days or has been identified by public health as a close contact of a confirmed case and asked to isolate, must follow public health directors and stay home for the recommended time. You will not be allowed to return to SWBL events until recommended isolation period is complete and you are no longer showing any symptoms of illness, COVID-19 or other respiratory diseases.
- Help stop the spread of COVID-19 by ensuring everyone stays home when showing signs of illness. We love that you want to join us but show your love by staying home!

### **6. EXTRA CLEANING**

- We are committed to cleaning more often and disinfecting all common surfaces, especially in between teams.
- Extra touch points cleaning has been implemented such as door handles, light switches, toilet and faucet handles, tables, stationary, technology etc.
- Please do your part and help take out all garbage that you bring in.

**Please contact SWBL representatives if you test positive for COVID-19, we will immediately contact the Health Authority and follow all required steps to ensure the health and safety of all.**

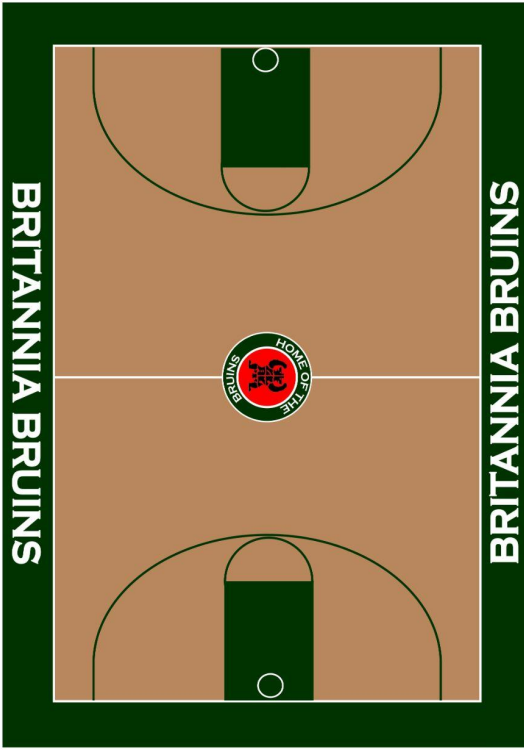
If you bring a child under 12,  
they may sit with your team  
at end of bench.  
Masks mandatory for ages 5+.

SCORETABLE

SUBSTITUTION BENCH

HOME BENCH

AWAY BENCH



Please exit this way  
for teams that just finished their game!



CHECK IN TABLE  
Vaccine and ID required

AWAY TEAM FOR NEXT GAME

HOME TEAM FOR NEXT GAME

ALL FANS  
PLS PROCEED  
TO BLEACHERS

GYM B  
BLEACHERS

CHANGING ROOM